

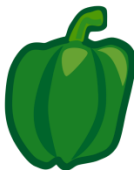


Shrewsbury High School

Date: SEPTEMBER 26-30

MONDAY Station:1-2 Station:3-4 Station: 6-7 Station:8-9 Grab and Go	Papa Gino Pizza w/Crinkle Cut Fries and Orange Wedges Twin Taco's served w/Lettuce, Tomatoes, Black Olives, Salsa and Sour Cream and Fries Made to Order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwich w/Fruit 
TUESDAY Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go	Chicken Patty Sandwich served w/Chips and Apples Pasta Bar w/ Alfredo Sauce (with option of chicken & broccoli) or Meat Sauce served w/ Wheat Rolls Premade to Order Deli Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plate / Assorted Sandwich served w/Fruit
WEDNESDAY Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go	Monti's Pizza w/ Crinkle Cut Fries and Pears "SHS" Mashed Potato Bowl Made to Order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwich served w/Fruit 
THURSDAY Station:1-2 Station:3-4-5 Station: 6-7 Station:8-9 Grab and Go	Papa Gino Pizza served w/ Crinkle Cut Fries and Apples Nachos w/ Toppings (Cheese Sauce, Sour Cream, Salsa, Black Olives, Avocado, Cilantro, and Tomato) Premade Deli Sandwiches Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plates / Assorted Sandwich served w/ Fruit
FRIDAY Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go	Grilled Chicken Sandwich served w/ Lettuce, Tomato, Cheese, and Fries "SHS" Mashed Potato Bowl Made to Order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Assorted Salad Plates / Assorted Sandwich Boxes served w/ Fruit 
Reduced Lunch\$.40 Lunch \$3.75	<p align="center"> MEALS INCLUDE: ASSORTED MILK, FRUIT and VEGETABLE BAR Juices , Vegetables, Grain and Proteins ALL LUNCHES MUST INCLUDE A FRUIT OR VEGETABLE Check our Soup Du Jour Selections SOUP AND SALAD COMBO \$3.75 </p>
USDA is an equal opportunity provider and employer.	<p align="center"> High School menu posted at schools.shrewsburyma.gov/foodsvc Email Comments and Suggestions to: mricker@shrewsbury.k12.ma.us <u>Please call the cafeteria Manager at your school if you have questions about food ingredients or allergens</u> <u>Allergens or gluten free choices</u> </p>